The attached information provides the statewide results for the 2001 North Dakota Youth Risk Behavior Survey (YRBS) of middle school students (grades 7-8). The results presented in this summary are "weighted" by school size and region to assure that the results accurately reflect the proportion of middle school students enrolled in "urban" and "rural" school in each Human Service Region in the state.

The enclosed information provides five tables (three pages) of results for each of the following groups of middle school students:

- All middle school students grades 7-8
- 7<sup>th</sup> grade only
- 8<sup>th</sup> grade only

Each table provides several different columns of information. The columns are as follows:

- <u>CDC State:</u> Includes the results for the state selected sample.
- Overall: Includes the statewide results.
- <u>Urban:</u> Includes the results for all schools from school districts that have 1,000 or more students enrolled in grades K-12.
- <u>Rural:</u> Includes the results for all schools from school districts that have fewer than 1,000 students enrolled in grades K-12.
- Region 1: Includes the results for all schools within Human Service Region 1.
- Region 2: Includes the results for all schools within Human Service Region 2.
- Region 3: Includes the results for all schools within Human Service Region 3.
- Region 4: Includes the results for all schools within Human Service Region 4.
- Region 5: Includes the results for all schools within Human Service Region 5.
- Region 6: Includes the results for all schools within Human Service Region 6.
- Region 7: Includes the results for all schools within Human Service Region 7.
- Region 8: Includes the results for all schools within Human Service Region 8.

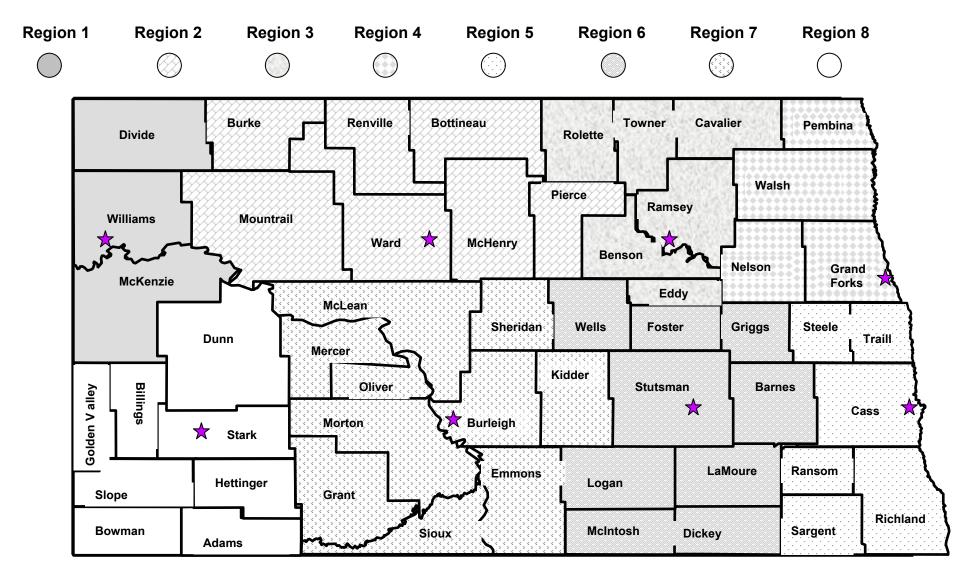
This report is being provided to all schools. Due to the confidentiality requirements of the Health Information Disclosure Act, <u>local</u> YRBS results have been provided <u>only</u> to local schools that met the following criteria:

- Minimum student segment size is 25. Minimum student segment size means countable YRBS survey forms.
- For a particular school to receive a report, there must be a least 25 countable surveys (Grades 9-12) within that school.
- For additional analysis or cross-tabs by grade, gender, etc., there must be at least 25 countable surveys in each grade segment, gender segment, etc. If a grade or gender segment does not have 25 countable surveys, data can be collapsed to attain the minimum student segment size. For example, if Grade 7 had seventeen countable surveys and Grade 8 had twenty-two countable surveys, a segment that combines Grades 7-8 could be presented in a cross-tab.
- If a school does not have 25 countable surveys, the results will be reported on a regional and state level only.

If you have any questions about the enclosed information or desire additional detail, please contact Mark Winkelman from Winkelman Consulting via telephone (701-237-2283) or email (MRWinkelman@prodigy.net).

# **Human Service Regions**

Indicates Regional Office



#### All Grades: Behaviors that Result in Unintentional and Intentional Injuries

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)	•	Region 8 (Dickinson)
Carried any weapon 1+ times in past 30 days other than for hunting (Q11)	8.0%	8.9%	7.9%	10.1%	12.2%	8.0%	7.7%	9.7%	8.4%	10.4%	8.9%	8.6%
Carried weapon 1+ times in past 30 days on school property (Q12)	1.5%	1.4%	1.1%	1.7%	1.9%	2.1%	.9%	1.4%	1.5%	1.2%	1.1%	1.0%
Been in a physical fight in the past 30 days (Q13)	9.6%	10.2%	10.0%	10.4%	11.3%	8.9%	9.6%	11.4%	12.6%	10.0%	8.2%	7.3%
Made plan about how to attempt suicide in the past 12 months (Q17)	8.1%	7.2%	7.8%	6.6%	11.9%	6.4%	5.6%	6.5%	8.3%	6.0%	7.3%	5.5%

All Grades: Tobacco, Alcohol, and Other Drug Use Including Drinking & Driving

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)	Region 7 (Bismarck)	Region 8 (Dickinson)
Rode with someone who had been drinking 1+ times in the past 30 days (Q15)	10.6%	11.1%	8.5%	14.0%	14.0%	9.0%	11.9%	12.7%	11.0%	13.5%	9.8%	10.9%
Smoked cigarettes 1+ days in the past 30 days (Q22)	10.0%	11.4%	10.1%	12.9%	17.0%	11.4%	16.4%	11.7%	10.8%	11.6%	9.5%	6.7%
Regular smoker: smoked cigarettes 20+ days in the past 30 days (Q22)	3.2%	3.2%	2.7%	3.6%	3.9%	3.0%	4.5%	3.0%	3.4%	3.4%	2.4%	2.3%
Heavy smoker: smoked > 20 cigarettes on days smoked in past 30 days (Q23)	0.3%	0.4%	0.3%	0.5%	1.4%	0.4%	1.2%	0.3%	0.3%	0.4%	0.2%	0.5%
Used chewing tobacco 1+ days in the past 30 days (Q28)	6.4%	5.0%	3.3%	7.0%	10.1%	3.4%	9.2%	5.0%	4.1%	5.3%	4.1%	5.6%
Drank alcohol 1+ days in the past 30 days (Q29)	16.9%	17.3%	14.7%	20.2%	18.8%	15.9%	16.4%	17.9%	17.3%	20.1%	17.0%	14.9%
Had 5+ drinks in a row 1+ days in the past 30 days (Q31)	8.8%	9.1%	7.5%	11.0%	12.7%	8.8%	10.6%	9.1%	8.2%	11.6%	8.3%	7.4%
Used marijuana in past 30 days (Q32)	5.7%	5.5%	5.0%	5.9%	8.2%	5.5%	7.5%	6.9%	5.4%	4.2%	4.3%	2.0%
Have sniffed/inhaled glue, paint, etc. 1+ times in lifetime (Q35)	10.8%	10.6%	9.6%	11.7%	16.3%	14.1%	16.0%	8.5%	10.1%	9.9%	7.3%	8.3%
Used methamphetamines 1+ times in lifetime (Q36)	4.2%	3.8%	4.2%	3.5%	6.3%	3.8%	6.3%	2.9%	4.6%	4.9%	2.0%	2.0%

All Grades: Age at Which Alcohol, Tobacco, or Other Drug Use Began (Includes ALL Students)

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)	Region 7 (Bismarck)	Region 8 (Dickinson)
First whole cigarette tried under age 13 (Q21)	16.6%	19.7%	16.9%	22.9%	27.6%	20.3%	27.2%	18.7%	18.5%	19.3%	17.1%	16.5%
First drink of alcohol tried under age 13 (Q30)	33.1%	33.1%	29.3%	37.3%	38.2%	31.1%	38.1%	30.5%	31.2%	34.7%	33.9%	34.8%
First time tried marijuana under age 13 (Q33)	6.8%	6.7%	7.0%	6.4%	9.7%	6.8%	8.2%	8.0%	7.3%	4.3%	5.3%	4.0%
First time sniffed/inhaled glue, paint, etc. under age 13 (Q35)	8.7%	8.5%	7.8%	9.3%	14.4%	11.7%	13.0%	6.4%	7.6%	8.0%	6.1%	6.3%

All Grades: Age at Which Alcohol, Tobacco, or Other Drug Use Began (Includes ONLY students who have EVER used)

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)	Region 7 (Bismarck)	Region 8 (Dickinson)
First whole cigarette tried under age 13 (Q21)	79.9%	77.7%	77.5%	77.9%	79.3%	79.7%	83.3%	79.3%	77.7%	73.5%	74.0%	76.5%
First drink of alcohol tried under age 13 (Q30)	75.6%	73.8%	73.4%	74.2%	75.2%	77.2%	75.7%	71.7%	69.8%	76.1%	74.9%	76.2%
First time tried marijuana under age 13 (Q33)	65.9%	61.5%	60.9%	62.1%	62.0%	71.1%	64.5%	64.5%	60.3%	47.8%	57.9%	59.3%
First time sniffed/inhaled glue, paint, etc. under age 13 (Q35)	81.6%	80.3%	81.1%	79.5%	88.5%	83.1%	81.2%	75.4%	75.0%	80.8%	84.1%	75.8%

#### **All Grades: Other Risk Behaviors**

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)	Region 7 (Bismarck)	Region 8 (Dickinson)
Never, rarely, or sometimes wear a seat belt (Q8)	39.6%	40.4%	37.0%	44.2%	46.3%	35.9%	53.8%	42.5%	38.6%	48.7%	33.7%	41.2%
Describe weight as slightly or very overweight (Q39)	32.3%	31.1%	30.9%	31.5%	32.3%	30.4%	30.9%	29.7%	32.2%	31.7%	31.6%	27.8%
Trying to lose weight (Q40)	46.2%	44.5%	43.6%	45.6%	43.2%	44.4%	48.4%	39.9%	45.7%	49.0%	43.2%	44.1%
Did not eat breakfast in past 7 days (Q49)	11.2%	9.4%	9.3%	9.5%	11.4%	11.8%	8.7%	7.6%	9.0%	11.2%	9.1%	6.1%
Did not eat 5+ fruits or vegetables per week (Q50-Q54)	N.A.	80.0%	79.9%	80.1%	82.8%	82.1%	75.4%	74.9%	79.9%	80.8%	83.0%	78.2%
Did not eat meal with their family yesterday (Q55)	30.4%	28.8%	29.0%	28.4%	35.1%	28.2%	29.7%	25.8%	31.4%	31.6%	25.7%	25.5%
Less than 3 days/week of vigorous physical activity (Q57)	20.3%	20.6%	19.0%	22.4%	28.1%	20.3%	21.7%	20.5%	18.3%	21.8%	20.8%	20.9%
Less than 5 days/week of at least moderate physical activity (Q57-Q58)	N.A.	23.9%	22.7%	25.3%	29.9%	23.6%	23.6%	26.8%	20.6%	25.8%	23.9%	23.2%
Do not take physical education class daily (Q61)	64.2%	63.8%	48.0%	81.0%	49.8%	56.7%	64.1%	84.1%	59.5%	91.7%	49.5%	76.7%
Not involved in sports teams (Q62)	11.2%	11.3%	11.8%	10.8%	11.3%	11.9%	13.9%	11.3%	10.4%	11.5%	10.9%	10.2%
Never taught about AIDS/HIV in school (Q63)	6.8%	7.4%	6.0%	8.9%	8.3%	9.8%	10.0%	5.5%	7.4%	5.5%	6.6%	6.1%
Never talked about AIDS/HIV with parent or other adults (Q64)	41.8%	42.9%	39.8%	46.3%	50.7%	44.6%	38.5%	34.5%	47.2%	47.6%	41.4%	36.6%

Grade 7 ONLY: Behaviors that Result in Unintentional and Intentional Injuries

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)	_	
Carried any weapon 1+ times in past 30 days other than for hunting (Q11)	8.0%	8.3%	7.0%	9.9%	10.1%	8.4%	6.8%	9.4%	8.6%	10.4%	6.3%	10.4%
Carried weapon 1+ times in past 30 days on school property (Q12)	1.2%	1.2%	.8%	1.6%	1.9%	2.5%	.8%	1.1%	1.1%	1.0%	.6%	1.0%
Been in a physical fight in the past 30 days (Q13)	10.3%	10.2%	9.7%	10.9%	13.0%	9.6%	7.2%	12.8%	12.6%	9.3%	7.7%	8.9%
Made plan about how to attempt suicide in the past 12 months (Q17)	7.9%	6.4%	7.1%	5.6%	11.2%	6.2%	6.0%	5.0%	7.4%	3.8%	6.8%	4.7%

Grade 7 ONLY: Tobacco, Alcohol, and Other Drug Use Including Drinking & Driving

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)	Region 7 (Bismarck)	Region 8 (Dickinson)
Rode with someone who had been drinking 1+ times in the past 30 days (Q15)	9.0%	9.4%	6.8%	12.5%	9.9%	9.6%	8.5%	8.5%	9.0%	12.0%	9.0%	11.4%
Smoked cigarettes 1+ days in the past 30 days (Q22)	9.3%	9.4%	8.5%	10.6%	11.6%	9.8%	14.2%	10.0%	8.5%	7.3%	8.4%	7.0%
Regular smoker: smoked cigarettes 20+ days in the past 30 days (Q22)	2.9%	2.3%	1.6%	3.1%	1.4%	2.1%	4.0%	2.8%	2.2%	2.0%	1.6%	3.2%
Heavy smoker: smoked > 20 cigarettes on days smoked in past 30 days (Q23)	0.0%	0.2%	0.0%	0.4%	0.5%	0.0%	0.8%	0.2%	0.0%	0.2%	0.0%	1.0%
Used chewing tobacco 1+ days in the past 30 days (Q28)	6.4%	4.7%	3.3%	6.5%	9.2%	4.5%	8.4%	4.4%	4.2%	4.0%	2.9%	6.8%
Drank alcohol 1+ days in the past 30 days (Q29)	12.6%	13.8%	11.6%	16.4%	13.0%	16.6%	10.3%	15.9%	12.3%	14.3%	13.7%	13.0%
Had 5+ drinks in a row 1+ days in the past 30 days (Q31)	6.0%	6.6%	5.3%	8.1%	9.2%	7.4%	6.4%	7.6%	5.0%	6.5%	6.4%	6.3%
Used marijuana in past 30 days (Q32)	4.9%	4.3%	3.4%	5.4%	6.1%	4.9%	5.9%	4.4%	4.0%	2.8%	4.1%	1.6%
Have sniffed/inhaled glue, paint, etc. 1+ times in lifetime (Q35)	11.8%	10.8%	9.7%	12.1%	15.9%	13.4%	20.8%	7.6%	10.3%	9.2%	7.7%	6.3%
Used methamphetamines 1+ times in lifetime (Q36)	3.3%	3.1%	3.2%	3.1%	4.8%	1.8%	4.4%	2.3%	4.0%	2.8%	2.9%	2.6%

Grade 7 ONLY: Age at Which Alcohol, Tobacco, or Other Drug Use Began (Includes ALL Students)

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)		•	•
First whole cigarette under age 13 (Q21)	19.6%	19.0%	15.3%	23.6%	26.1%	19.9%	25.9%	16.9%	17.8%	16.2%	17.8%	18.8%
First drink of alcohol under age 13 (Q30)	34.9%	33.8%	29.0%	39.7%	36.8%	32.3%	40.8%	33.0%	32.8%	32.0%	33.6%	33.7%
First time tried marijuana under age 13 (Q33)	6.3%	6.8%	6.7%	6.9%	9.4%	6.1%	9.4%	7.4%	7.2%	4.2%	6.1%	4.7%
First time sniffed/inhaled glue, paint, etc. under age 13 (Q35)	10.5%	9.8%	8.7%	11.0%	14.5%	12.5%	18.2%	7.2%	9.4%	8.2%	6.8%	5.7%

#### Grade 7 ONLY: Age at Which Alcohol, Tobacco, or Other Drug Use Began (Includes ONLY students who have EVER used)

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)	_	Region 8 (Dickinson)
First whole cigarette under age 13 (Q21)	91.2%	89.7%	87.9%	91.3%	94.7%	91.8%	90.8%	92.4%	88.1%	80.1%	89.9%	90.0%
First drink of alcohol under age 13 (Q30)	87.3%	88.8%	88.6%	89.1%	84.9%	89.1%	92.1%	91.6%	88.2%	83.5%	88.8%	91.5%
First time tried marijuana under age 13 (Q33)	77.5%	81.8%	82.5%	81.1%	77.2%	86.2%	91.1%	86.3%	79.2%	67.5%	82.1%	69.2%
First time sniffed/inhaled glue, paint, etc. under age 13 (Q35)	88.3%	90.5%	90.0%	91.0%	91.1%	93.0%	87.5%	93.9%	91.4%	89.2%	87.9%	91.7%

**Grade 7 ONLY: Other Risk Behaviors** 

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)	Region 7 (Bismarck)	Region 8 (Dickinson)
Never, rarely, or sometimes wear a seat belt (Q8)	40.8%	40.2%	37.1%	43.8%	49.7%	40.5%	49.2%	36.1%	39.0%	50.7%	34.0%	37.8%
Describe weight as slightly or very overweight (Q39)	33.8%	30.2%	30.5%	29.8%	33.4%	27.9%	25.3%	30.5%	30.9%	34.2%	30.2%	29.7%
Trying to lose weight (Q40)	46.3%	43.5%	41.9%	45.5%	44.8%	44.0%	45.1%	38.5%	43.9%	48.9%	42.3%	49.7%
Did not eat breakfast in past 7 days (Q49)	9.3%	8.2%	8.3%	8.0%	7.7%	8.7%	6.8%	7.6%	7.9%	7.6%	9.8%	5.2%
Did not eat 5+ fruits or vegetables per week (Q50-Q54)	N.A.	79.5%	79.0%	80.2%	80.3%	81.7%	78.3%	75.1%	77.6%	80.5%	83.2%	78.8%
Did not eat meal with their family yesterday (Q55)	27.5%	27.0%	27.1%	26.8%	33.7%	26.6%	30.5%	24.1%	27.6%	31.2%	24.0%	24.6%
Less than 3 days/week of vigorous physical activity (Q57)	20.4%	20.4%	19.2%	21.7%	26.7%	18.3%	23.1%	26.2%	16.6%	18.2%	19.3%	22.6%
Less than 5 days/week of at least moderate physical activity (Q57-Q58)	N.A.	24.1%	23.0%	25.3%	30.3%	24.0%	22.4%	31.7%	18.9%	23.6%	23.2%	24.4%
Do not take physical education class daily (Q61)	71.0%	66.1%	51.1%	83.6%	50.0%	64.0%	59.6%	88.4%	62.3%	97.6%	46.9%	81.4%
Not involved in sports teams (Q62)	11.2%	11.2%	11.5%	10.9%	9.9%	11.6%	15.4%	11.5%	11.0%	9.6%	10.7%	9.5%
Never taught about AIDS/HIV in school (Q63)	7.0%	6.9%	4.9%	9.2%	8.1%	10.2%	7.1%	6.5%	7.7%	3.8%	5.1%	6.9%
Never talked about AIDS/HIV with parent or other adults (Q64)	39.5%	39.9%	36.4%	44.1%	43.3%	45.5%	33.7%	33.2%	43.9%	43.1%	38.4%	34.2%

**Grade 8 ONLY: Behaviors that Result in Unintentional and Intentional Injuries** 

	CDC Total	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	_	•	Region 8 (Dickinson)
Carried any weapon 1+ times in past 30 days other than for hunting (Q11)	7.7%	9.2%	8.4%	10.1%	14.6%	7.3%	8.7%	9.9%	7.4%	10.5%	11.4%	6.9%
Carried weapon 1+ times in past 30 days on school property (Q12)	1.7%	1.4%	1.1%	1.8%	1.3%	1.5%	1.0%	1.8%	1.5%	1.5%	1.4%	1.0%
Been in a physical fight in the past 30 days (Q13)	8.5%	9.8%	9.9%	9.8%	9.0%	7.5%	12.3%	9.6%	12.2%	10.9%	8.2%	5.9%
Made plan about how to attempt suicide in the past 12 months (Q17)	8.4%	7.9%	8.5%	7.3%	12.3%	6.4%	5.3%	8.5%	8.9%	8.4%	7.8%	6.4%

Grade 8 ONLY: Tobacco, Alcohol, and Other Drug Use Including Drinking & Driving

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)	Region 7 (Bismarck)	Region 8 (Dickinson)
Rode with someone who had been drinking 1+ times in the past 30 days (Q15)	12.1%	12.7%	10.0%	15.4%	19.1%	8.1%	15.6%	17.7%	12.6%	14.6%	10.2%	10.4%
Smoked cigarettes 1+ days in the past 30 days (Q22)	10.4%	13.3%	11.5%	15.1%	23.9%	12.2%	18.7%	13.3%	12.7%	15.7%	10.5%	6.4%
Regular smoker: smoked cigarettes 20+ days in the past 30 days (Q22)	3.2%	3.8%	3.6%	3.9%	6.7%	3.2%	5.0%	3.0%	4.4%	4.5%	2.9%	1.5%
Heavy smoker: smoked > 20 cigarettes on days smoked in past 30 days (Q23)	0.4%	0.5%	0.5%	0.6%	2.0%	0.6%	1.6%	0.3%	0.3%	0.6%	0.3%	0.0%
Used chewing tobacco 1+ days in the past 30 days (Q28)	6.2%	5.0%	2.8%	7.3%	10.7%	2.0%	10.0%	5.2%	3.6%	6.6%	4.9%	4.5%
Drank alcohol 1+ days in the past 30 days (Q29)	20.9%	20.6%	17.5%	23.8%	26.4%	14.7%	23.2%	19.8%	21.8%	26.0%	20.1%	16.8%
Had 5+ drinks in a row 1+ days in the past 30 days (Q31)	11.4%	11.6%	9.5%	13.8%	17.0%	9.9%	15.2%	10.6%	11.0%	16.6%	9.9%	8.4%
Used marijuana in past 30 days (Q32)	6.1%	6.5%	6.7%	6.3%	10.6%	5.7%	9.2%	9.9%	6.5%	5.3%	4.2%	2.5%
Have sniffed/inhaled glue, paint, etc. 1+ times in lifetime (Q35)	9.9%	10.4%	9.4%	11.5%	16.3%	14.9%	10.9%	9.6%	10.0%	10.6%	6.9%	10.3%
Used methamphetamines 1+ times in lifetime (Q36)	4.7%	4.3%	4.8%	3.9%	7.9%	4.9%	8.3%	3.7%	4.9%	6.6%	1.0%	1.5%

Grade 8 ONLY: Age at Which Alcohol, Tobacco, or Other Drug Use Began (Includes ALL Students)

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)	_	•
First whole cigarette under age 13 (Q21)	19.1%	20.3%	18.3%	22.3%	29.4%	20.0%	28.2%	20.9%	19.5%	22.4%	16.2%	14.4%
First drink of alcohol under age 13 (Q30)	31.1%	32.2%	29.0%	35.4%	39.6%	29.2%	35.4%	27.2%	29.8%	37.3%	34.2%	36.0%
First time tried marijuana under age 13 (Q33)	7.0%	6.4%	6.8%	6.0%	9.5%	7.1%	6.9%	9.0%	7.2%	4.3%	4.2%	3.4%
First time sniffed/inhaled glue, paint, etc. under age 13 (Q35)	7.3%	7.2%	6.6%	7.8%	13.7%	11.1%	7.4%	5.4%	5.8%	7.8%	5.5%	6.9%

#### Grade 8 ONLY: Age at Which Alcohol, Tobacco, or Other Drug Use Began (Includes ONLY students who have EVER used)

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)		
First whole cigarette under age 13 (Q21)	70.8%	68.5%	69.4%	67.7%	65.5%	70.6%	76.7%	69.4%	70.3%	68.8%	60.9%	64.4%
First drink of alcohol under age 13 (Q30)	65.8%	62.2%	61.2%	63.0%	65.2%	67.2%	62.0%	53.9%	57.2%	70.9%	64.5%	66.4%
First time tried marijuana under age 13 (Q33)	58.0%	48.1%	46.8%	49.9%	47.6%	61.7%	45.1%	51.7%	48.7%	38.2%	40.0%	50.0%
First time sniffed/inhaled glue, paint, etc. under age 13 (Q35)	73.6%	68.9%	70.4%	67.5%	84.4%	74.4%	68.2%	56.2%	58.3%	73.0%	79.5%	66.7%

**Grade 8 ONLY: Other Risk Behaviors** 

	CDC State	Overall Regional Total	Urban	Rural	Region 1 (Williston)	Region 2 (Minot)	Region 3 (Devils Lake)	Region 4 (Gr. Forks)	Region 5 (Fargo)	Region 6 (Jamestown)	Region 7 (Bismarck)	Region 8 (Dickinson)
Never, rarely, or sometimes wear a seat belt (Q8)	38.4%	40.7%	36.7%	45.0%	41.1%	31.1%	58.6%	50.7%	38.9%	46.5%	33.2%	44.6%
Describe weight as slightly or very overweight (Q39)	31.8%	32.2%	31.4%	33.1%	30.8%	32.6%	36.6%	28.5%	33.6%	29.3%	33.4%	25.6%
Trying to lose weight (Q40)	45.9%	45.4%	45.5%	45.3%	41.2%	44.4%	51.9%	41.2%	47.3%	49.2%	44.2%	38.4%
Did not eat breakfast in past 7 days (Q49)	12.9%	10.5%	10.3%	10.8%	16.6%	14.0%	10.8%	7.3%	10.0%	14.7%	8.3%	6.9%
Did not eat 5+ fruits or vegetables per week (Q50-Q54)	N.A.	80.4%	80.7%	80.2%	86.3%	82.3%	72.6%	74.5%	82.2%	80.9%	82.8%	77.5%
Did not eat meal with their family yesterday (Q55)	33.1%	30.6%	31.0%	30.2%	36.6%	28.9%	28.8%	27.8%	35.5%	31.9%	27.4%	26.5%
Less than 3 days/week of vigorous physical activity (Q57)	20.4%	20.8%	18.7%	23.1%	29.9%	21.9%	19.9%	13.4%	19.7%	25.8%	22.5%	19.4%
Less than 5 days/week of at least moderate physical activity (Q57-Q58)	N.A.	23.5%	22.0%	25.1%	29.0%	22.6%	24.8%	19.9%	22.1%	28.1%	24.7%	21.6%
Do not take physical education class daily (Q61)	57.3%	61.6%	44.6%	79.3%	49.5%	49.5%	68.9%	78.5%	57.9%	85.8%	52.0%	72.3%
Not involved in sports teams (Q62)	11.1%	11.2%	11.8%	10.5%	13.3%	11.7%	12.2%	11.2%	9.6%	13.1%	11.1%	10.9%
Never taught about AIDS/HIV in school (Q63)	6.6%	7.7%	7.1%	8.5%	8.6%	9.2%	13.2%	4.3%	6.6%	7.4%	8.2%	5.4%
Never talked about AIDS/HIV with parent or other adults (Q64)	44.5%	45.9%	43.6%	48.3%	61.0%	43.8%	43.9%	35.8%	50.3%	52.4%	44.6%	39.0%